

Generations 2024™ — Senior Health & Wellness Calendar

Monthly Topics & Photos



Generations 2024™
Senior Health & Wellness Calendar™

Your Key Contact Information Here—Seen Every Day of the Year!
Calendar Meets ALL CMS/Medicare Guidelines!



March (Large Photo)

Topic: Healthy Eating Quiz



March (Small Photo)



April (Large Photo)

Topic: Medication Safety



April (Small Photo)



January (Large Photo)

Topic: Medicare's Free Annual Wellness Exam



January (Small Photo)



May (Large Photo)

Topic: Finding Reliable Health Information



May (Small Photo)



February (Large Photo)

Topic: High Blood Pressure



February (Small Photo)



June (Large Photo)

Topic: Physical Activity



June (Small Photo)

Calendar Fully "CMS-Compliant" with Extensive Custom Options: Details on Next Page

For prices, custom options and review copies, please contact Gary W. Ford, ACP publisher:
1-800-828-8225 • gford@seniorcalendars.com • seniorcalendars.com

2024 Generations Health Calendar™

Monthly Topics & Photos (continued)



July (Large Photo)

Topic: Managing Multiple Health Conditions



July (Small Photo)



October (Large Photo)

Topic: Cancer Screenings



October (Small Photo)



August (Large Photo)

Topic: Vaccinations



August (Small Photo)



November (Large Photo)

Topic: Diabetes Quiz



November (Small Photo)



September (Large Photo)

Topic: Fall Prevention



September (Small Photo)



December (Large Photo)

Topic: Importance of Family & Friend Connections



December (Small Photo)

Give a Good Health Gift Older Adults Will See & Use Every Day of 2024!

- Calendar meets ALL CMS health promotion/wellness guidelines
- Extensive custom options, including your FREE bottom imprint message seen all year
- Colorful intergenerational format features monthly senior health topics and weekly health tips.
- "Senior-friendly" features include non-glare paper for easier reading and writing, larger text and spiral binding for easy use.
- Evidence-based resource: Read the research – visit seniorcalendars.com/research.pdf

For prices, custom options and review copies, please contact Gary W. Ford, ACP publisher:
1-800-828-8225 • gford@seniorcalendars.com • seniorcalendars.com